

January 2025 | Fort Hancock High

Monday

Tuesday

Wednesday

Thursday

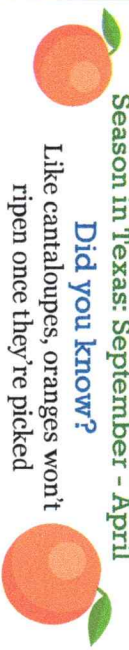
Friday

Oranges

Season in Texas: September - April

Did you know?

Like cantaloupes, oranges won't ripen once they're picked



Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>PB & J Mandarin Orange Chicken, White rice, egg roll, mixed vegetables, peaches</p>	<p>7</p> <p>Egg & Winnie Burrito Nachos w/ Ground Beef, pinto beans, pears</p>	<p>8</p> <p>Chicken & Waffles Ground Beef & Macaroni, roll, corn, broccoli, applesauce</p>	<p>9</p> <p>Cinnamon Roll Popcorn Chicken, scooby crackers, fries, baby carrots, fruit cocktail</p>	<p>10</p> <p>Breakfast Pizza Chicken Alfredo, garden salad, bread stick, peaches</p>
<p>13</p> <p>French Toast Beef Burrito, Fideo, Lettuce & tomato, pears</p>	<p>14</p> <p>Eggs & Hashbrown Hot Dogs, Chili beans, tater tots, peaches</p>	<p>15</p> <p>Yogurt & cinnamon toast Green Enchiladas, Spanish Rice, Lettuce & tomato, applesauce</p>	<p>16</p> <p>Chocolate Muffin General Tso chicken, White rice, egg roll, broccoli, mandarin oranges</p>	<p>17</p> <p>Concha Barbacoa, corn tortillas, Pinto Beans, corn, fruit cocktail</p>
<p>20</p> <p>MLK Day</p>	<p>21</p> <p>Pancakes Chicken Nuggets, roll, baby carrots, broccoli, applesauce</p>	<p>22</p> <p>Banana Muffin, cheese stick Spaghetti w meat sauce, mozzarella bread, corn salad, mandarin oranges</p>	<p>23</p> <p>Scrambled eggs w/ Ham Bean Burrito, Fideo mixed vegetables, Peaches</p>	<p>24</p> <p>Parfait & Granola Chunks Cheese burger, fries, lettuce & tomato, pears</p>
<p>27</p> <p>Donut Country Fried Steak, Roll, Mashed potato, BBQ beans, Applesauce</p>	<p>28</p> <p>Sausage & Egg Burrito Frito Pie, lettuce & tomato, fruit cocktail</p>	<p>29</p> <p>Arroz Con Leche Corn dog, mac and cheese, French fries carrots, pears</p>	<p>30</p> <p>Eggs & Bacon Ranch Chicken Wrap, Cucumbers, mandarin oranges</p>	<p>31</p> <p>Menudo, Roll Pizza, corn, broccoli, applesauce</p>

Announcements:



- **Daily Breakfast Options:** Fresh fruit, 100% Juice and Milk Variety (1%, FF Flavored) Asst. Cereal w/ toast
- **Daily Lunch Options:** Milk Variety (1% white, FF Flavored), Deli Sandwich or Grilled Cheese, fresh fruits
- Wk of 1/6-1/10 Turkey Sandwich
- Wk of 1/13-1/17 Grilled Cheese Sandwich
- Wk of 1/21-1/24 Ham sandwich
- Wk 1/24-1/31 Grilled Cheese Sandwich
- January 1-3 no School
- January 20th -No School
- **Menus Subject to change due to availability**



Food and Nutrition Division
www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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National School Lunch Program