

February 2025 | Fort Hancock High

Monday	Tuesday	Wednesday	Thursday	Friday
3 PB&J Chick on a Bun, Sweet potato fries, lettuce & tomato, peaches	4 Egg & Winnie Burrito Nachos w/ Ground Beef, pinto beans, pears	5 Chicken & waffles Ground Beef & macaroni, Roll, corn, broccoli, applesauce	6 Cinnamon Roll Popcorn chicken, scooby crackers, fries, baby carrots, fruit cocktail	7 Breakfast Pizza Chicken Alfredo, Garden salad, bread stick, peaches
10 French Toast Beef Burrito, Fideo, lettuce & tomato, pears	11 Chocolate Muffin w/ cheese stick Hot Dogs, chili beans, tater tots, peaches	12 Yogurt & cinnamon Toast Green Enchiladas, Spanish Rice, lettuce & tomato, applesauce	13 Egg & Hashbrown General tso chicken, egg roll, tomato & cucumber salad, mandarin oranges	14 Concha Chile Colorado, tostadas, pinto beans, potato salad, fruit cocktail
17 Pancakes w/ syrup Chicken Nuggets, Roll, Carrots, broccoli, applesauce	18 Egg & chorizo Burrito Tacos, Spanish Rice, lettuce & tomato, fruit cocktail	19 Banana Muffin, Cheese stick Spaghetti w/ meat sauce, corn salad, mozzarella bread, mandarin oranges	20 Eggs & ham Bean Burrito, fideo, mixed vegetables, peaches	21 Parfait w/ granola chunks Cheese burger, fries, lettuce & tomato, pears
24 Donut Country Fried Steak, mashed potato, BBQ Beans, applesauce	25 Sausage & Eggs Burrito Frito Pie, Lettuce & tomato, fruit Cocktail	26 Arroz con Leche Corn Dog, fries, mac & cheese, carrots, pears	27 Eggs & Bacon Ranch Chicken Wrap, cucumbers, mandarin oranges	28 Menuudo, Roll Pizza, corn, mixed vegetables, applesauce



Beets
 Season in Texas: January - March;
 September - November
Did you know?
 The main part of the beet that is eaten is the root; you can also eat the greens



Announcements:

- **Daily Breakfast Options:** Fresh fruit, 100% Juice and Milk Variety (1%, FF Flavored) Asst. Cereal w/ toast
- **Daily Lunch Options:** Milk Variety (1% white, FF Flavored), Deli Sandwich or Grilled Cheese, fresh fruits
- Wk of 2/3-2/7 Turkey Sandwich
- Wk of 2/10-2/14 Grilled Cheese Sandwich
- Wk of 2/17-2/21 Ham sandwich
- Wk 2/24-2/28 Grilled Cheese Sandwich
- **Menus Subject to change due to availability**



Food and Nutrition Division
 www.SquareMeals.org

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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 National School Lunch Program