

# February 2025 | Benito Martinez Elem

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Pb &amp; J</b> Chick on a Bun, sweet potato fries, lettuce & tomato, peaches	<b>4 Egg &amp; Winnie Burrito</b> Nachos w/ Ground beef, pinto beans pears	<b>5 Chicken &amp; waffles</b> Ground Beef & Macaroni, Roll corn, broccoli, applesauce	<b>6 Cinnamon Roll</b> Popcorn chicken, Scooby crackers, fries, baby carrots, fruit cocktail	<b>7 Breakfast Pizza</b> Chicken Alfredo, garden salad, bread stick, peaches
<b>10 French Toast</b> Beef Burrito, Fideo, lettuce & tomato, pears	<b>11 Chocolate Muffin w/ cheese stick</b> Hot Dogs, chili beans, tater tots, peaches	<b>12 Yogurt &amp; Cinnamon toast</b> Green Enchiladas, Spanish Rice, lettuce & tomato, applesauce	<b>13 Eggs &amp; Hashbrown</b> General Tso Chicken, egg roll, tomato & cucumber salad, mandarin oranges	<b>14 Concha</b> Chile Colorado, tostadas, pinto beans, potato salad, fruit cocktail
<b>17 Pancakes w/ syrup</b> Chicken Nuggets, Roll, carrots, broccoli, applesauce	<b>18 Egg &amp; chorizo Burrito</b> Tacos, Spanish Rice, lettuce & tomato, fruit cocktail	<b>19 Banana Muffin, cheese stick</b> Spaghetti w/ meat sauce, corn salad, mozzarella bread, mandarin oranges	<b>20 Eggs &amp; Ham</b> Bean Burrito, Fideo, mixed vegetables, peaches	<b>21 Parfait w/ granola chunks</b> Cheeseburger fries, lettuce & tomato, pears
<b>24 Donut</b> Country Fried steak, BBQ Beans, Mashed potato, applesauce	<b>25 Sausage &amp; Eggs Burrito</b> Frito Pie, Lettuce & tomato, fruit cocktail	<b>26 Arroz con Leche</b> Corn Dog, fries mac & Cheese, carrots pears	<b>27 Eggs &amp; Bacon</b> Ranch Chicken Wrap, cucumbers, lettuce, mandarin oranges	<b>28 Menudo, Roll</b> Pizza, Corn, mixed vegetables, applesauce



**Beets**  
 Season in Texas: January - March;  
 September - November  
**Did you know?**  
 The main part of the beet that is eaten is the root; you can also eat the greens



**Announcements:**

- **Daily Breakfast Options:** Fresh fruit, 100% Juice and Milk Variety (1%, FF Flavored) Asst. Cereal w/ toast
- **Daily Lunch Options:** Milk Variety ( 1% white, FF Flavored), fresh fruits

- **Menus Subject to change due to availability**



Food and Nutrition Division  
 www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**  
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 National School Lunch Program